

Gross Motor Firework Fun!

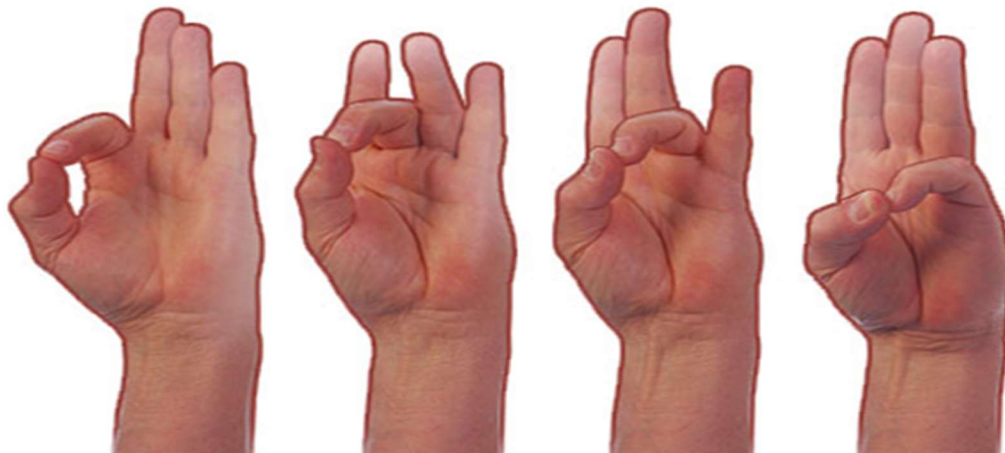
Star Jumps – Start in a squat position, jump up into the air extending your arms and legs outward. Can you do 10?



Hand Exercises – Opposition

Can you touch each finger (one at a time) to your thumb? Once you have reached your little finger, spread your hand/fingers open as wide as you can and hold for the count of 5.

1. Right Hand
2. Left Hand
3. Both hands together with your eyes open
4. Both hands together with your eyes closed



How many words can you think of related to the 4th of July?

Write down your answers on a separate piece of paper

Everything 4th of July A-Z

WRITE DOWN A 4TH OF JULY RELATED WORD FOR EACH LETTER.
WHOEVER GETS THE MOST BEFORE TIME RUNS OUT IS THE WINNER!

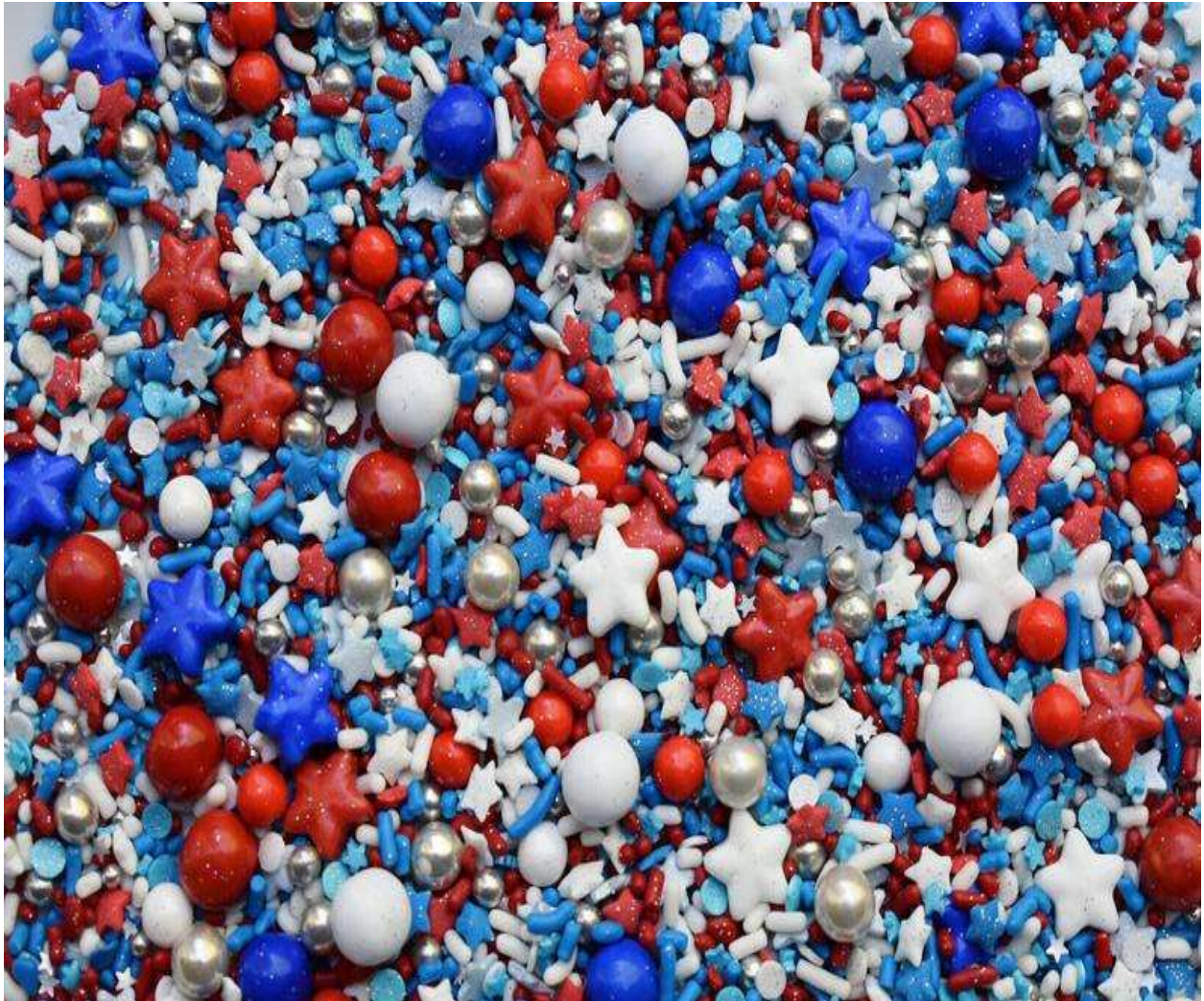
A _____	N _____
B _____	O _____
C _____	P _____
D _____	Q _____
E _____	R _____
F _____	S _____
G _____	T _____
H _____	U _____
I _____	V _____
J _____	W _____
K _____	X _____
L _____	Y _____
M _____	Z _____

happy 4th of july!

HIDDEN PICTURES:

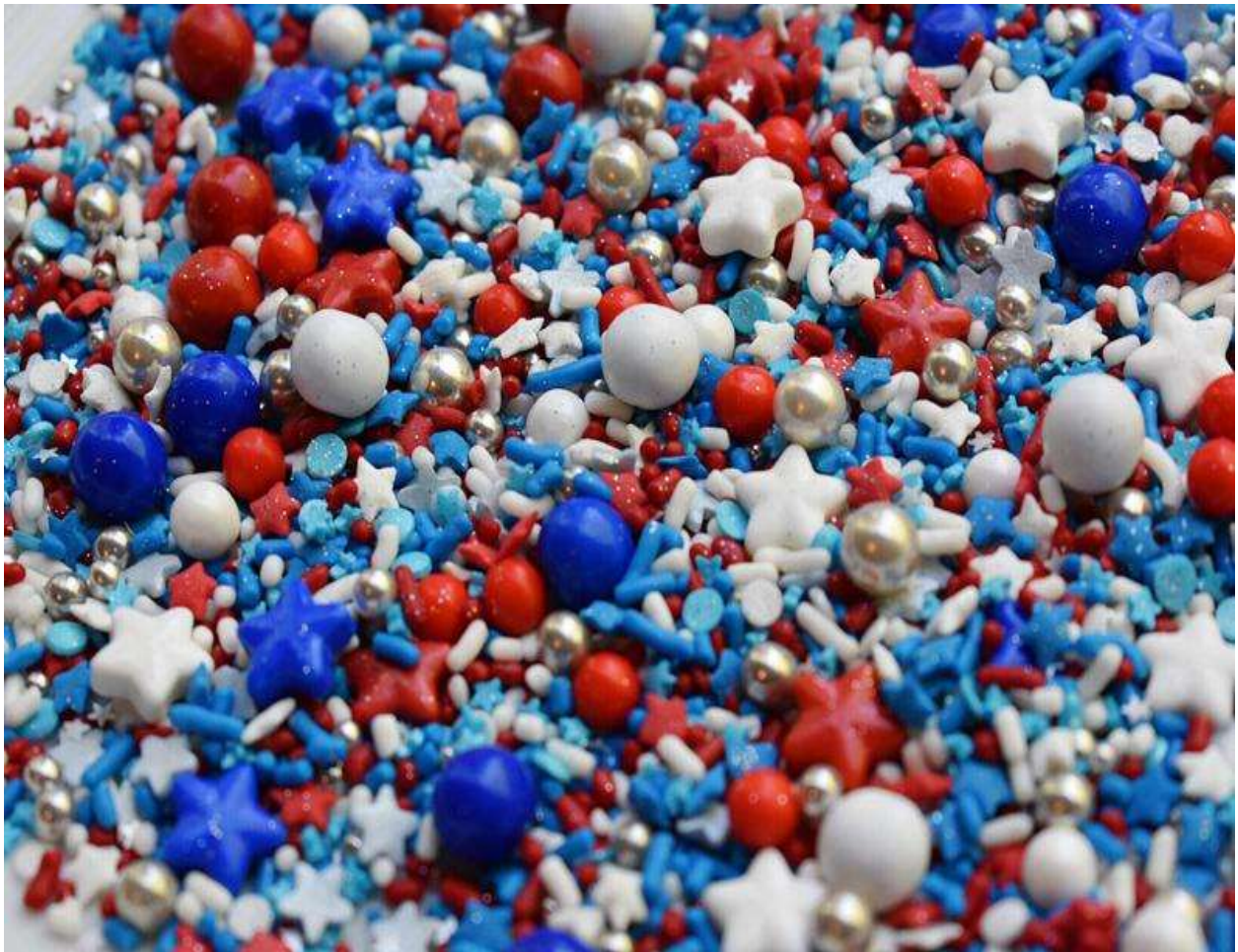
Can you find all of the indicated stars and balls in the pictures below?

1.



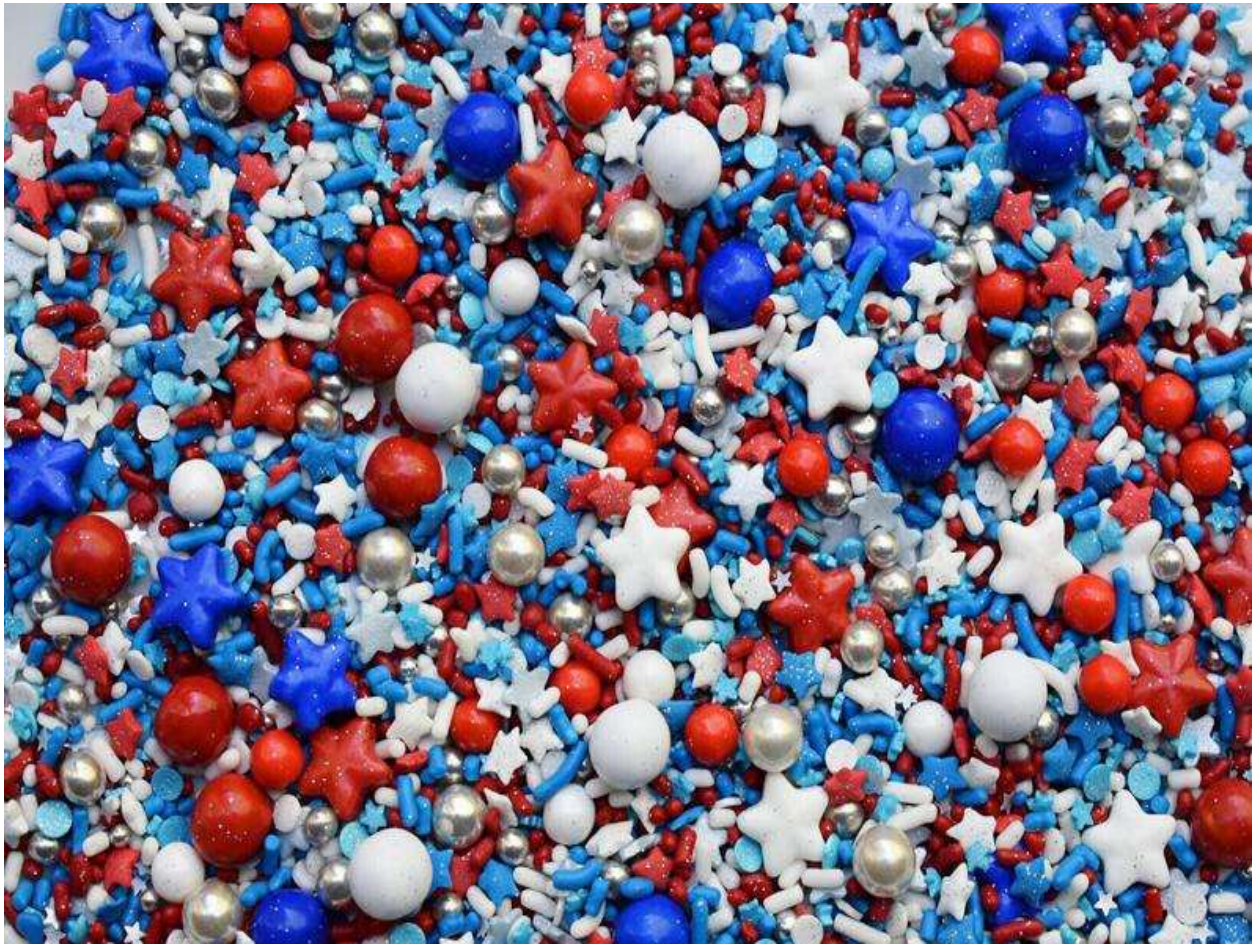
How many big red stars can you find?

2.



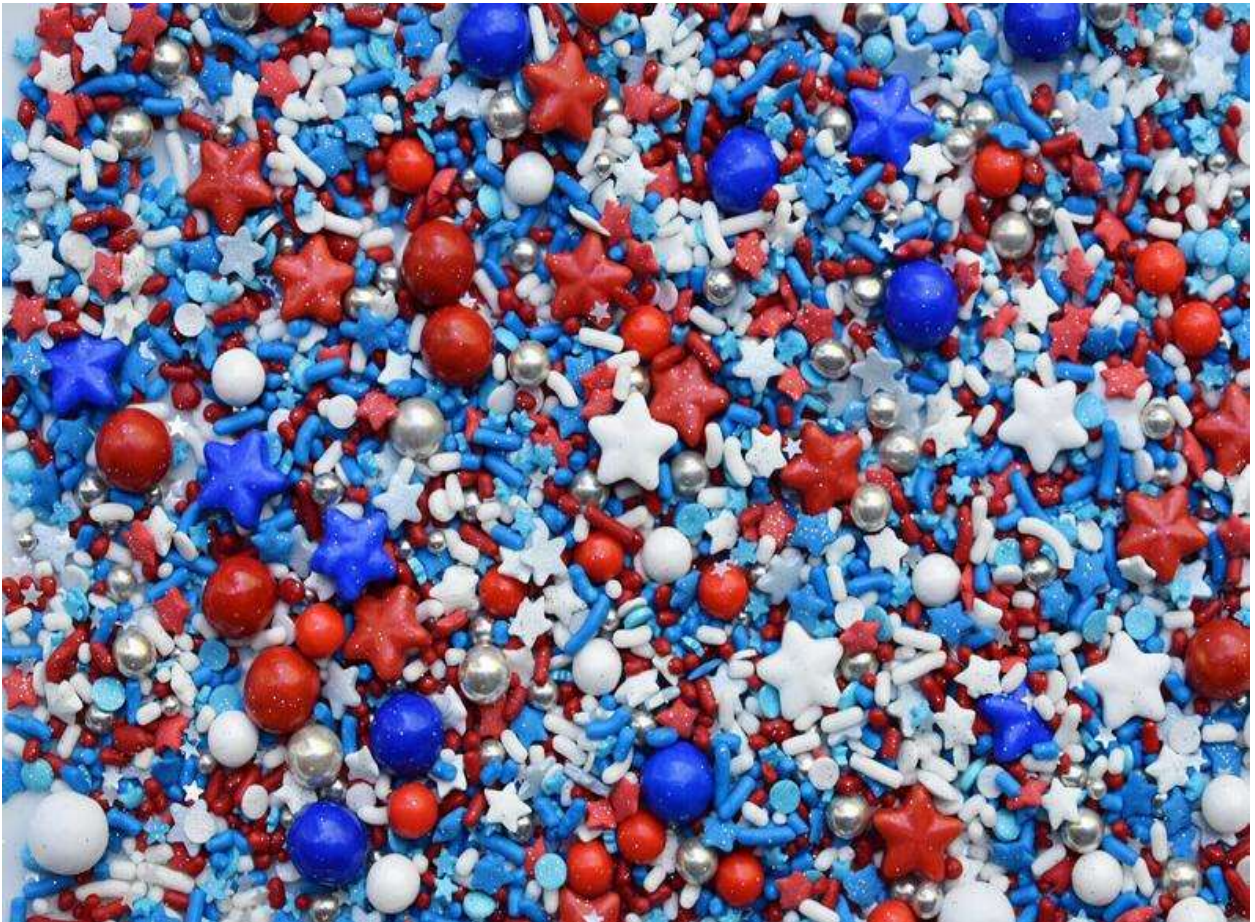
How many big blue stars can you find?

3.



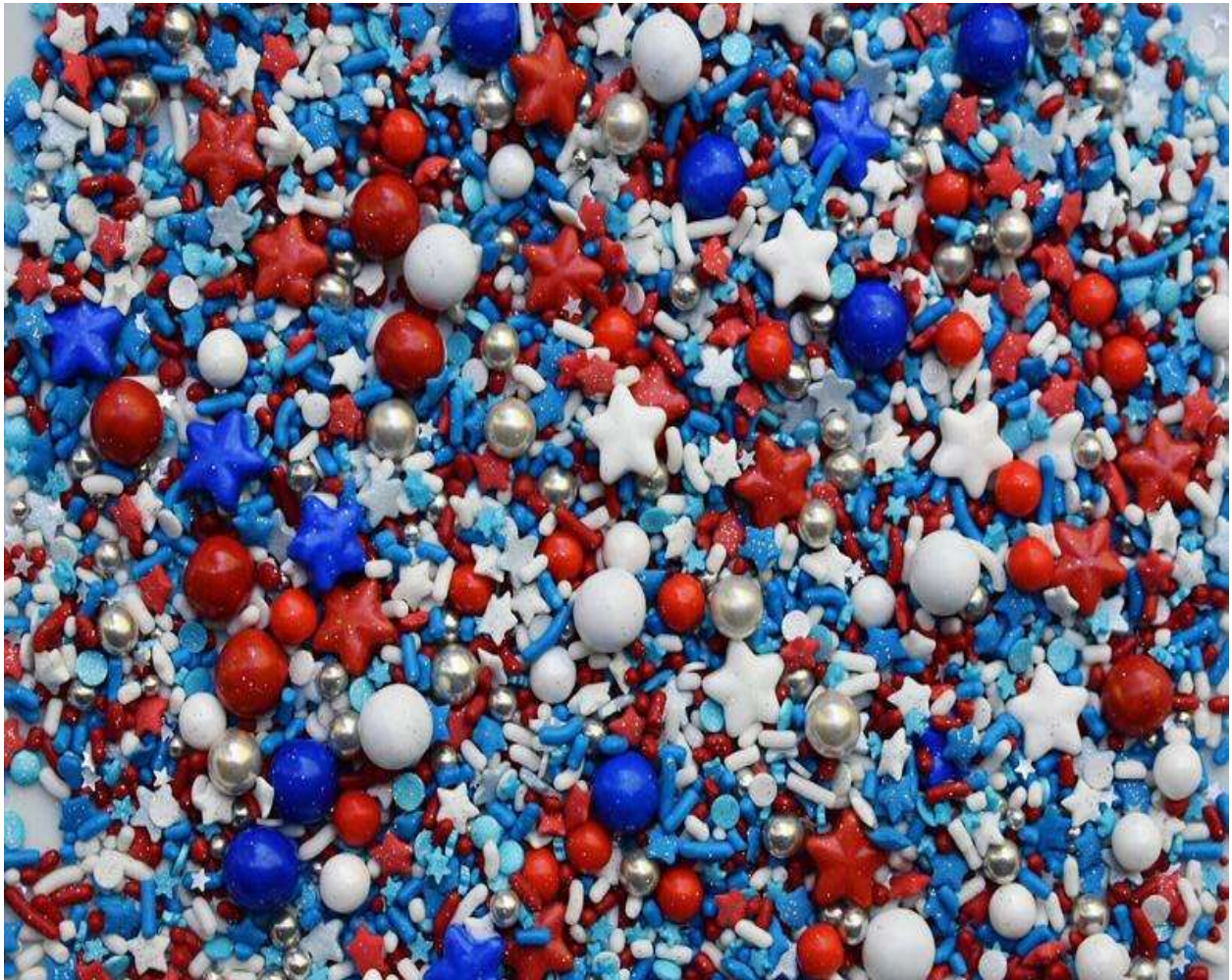
How many big reds balls can you find?

4.



How many big blue balls can you find?

5.



How many big white stars can you find?
