SPRING OT LESSON PLAN

Handwriting



Rainbow Scavenger Hunt and Color Sentence Writing

1. Fill in the answers below: Remember letters sit on the line and neat handwriting!

Find something RED	
Find something ORANGE	
Find something Yellow	
Find something GREEN	
Find something BLUE	
Find something PURPLE	
Name a fruit that is RED	
Name a vegetable that is ORANGE	_
Name an animal that is YELLOW	
Name a plant that is GREEN	
Name something outside that is BLUE	
Name a flower that is PURPLE	

2. Pick your favorite color. Write or type 2-3 sentences telling my why that is your favorite color and how do you feel when you see your favorite color.

See my example below:

My favorite color is blue because I love the ocean and the summertime. When I think of the blue ocean, it puts a smile on my face. It reminds of the days ahead when I can spend all day at the beach!

Fine Motor and Gross Motor Fun

Use the PDF document labeled Spring Fine and Gross Motor Fun to complete a 3 fun movement activities that will use visual tracking skills, cutting skills, gluing and gross motor strength and coordination movements.

Rainbow Gross Motor Maze

Choose a color and follow the maze, completing the action on each colored dot. Then start again with a new color!

Spring Gross Motor Sequence

Use the Spring Gross Motor Sequences Movement Key to complete the next activities

- Cut and glue the symbols to complete the patterns and then perform the corresponding movements.
- Cut out the pictures to create your own movement sequences.

Visual Perception -Flower Search

Use the PDF -Visual Perception Flower Search to complete the following activities

- How many of each type of flower can you find?
- Flower Seek and Find Answer the questions on the Flower Seek and Find

Visual Perception – Spatial Awareness Activity

- Looking at the Playground Spatial Awareness Playground Activity picture, answer the questions that correspond with the picture.
- Follow the directions on the bottom half to draw on the picture if you are able to print.