Sunner ACTIVITY CHALLENGE

CHECK OFF EACH ACTIVITY AS YOU COMPLETE IT.	
OUTDOORS Obstacle course Run around the house Nature walk Pick flowers Climb a tree Do jumping jacks Kick a ball Explore a new park Driveway chalk Fly a kite Go for a hike Draw with chalk Roll down a hill Go swimming Make a hideout Ride a bike Draw the clouds Watch birds	INDOORS Animal walks Board games Couch cushion course Catch socks Balloon toss Write in a journal Bowl plastic cups Wheelbarrow walks Indoor balance beam Army crawls Freeze dance Duck duck goose Yoga Wall push-ups Build puzzles Dance party Hand clapping songs Play with stickers
WATER Water sensory bin Water flowers Spray bottle art Wash a car Squirt gun painting Play in the rain Paint with water Water table Swim Water balloons Play in a sprinkler Play in soapy water Make a sensory bottle Make muddy soup Make sponge balls Bubbles Play in the hose water Sink or float tests	GAMES Red rover
MAKE Torn paper art Leaf resist art Make play dough Coffee filter butterfly Build LEGO Toilet paper roll craft Finger paint Paper bag puppets Make a fort Make bird treats Make a recipe Create a song STEM project Write a letter Make lemonade Bake cookies Paint rocks Draw	IMAGINE Think of a goal