

It is a

theme for the last weeks of school!



Meet Fiona!

While we have been home, my kids and I have really enjoyed watching the live stream presentations of animals from the Cincinnati Zoo and Botanical Gardens. Through their Facebook page, at 3:00 pm every day, the Cincinnati Zoo and Botanical Gardens have featured virtual tours of the animals in their zoo. At the end of each video, there is an at home activity to complete related to the animal presented. (Refer to their information below). Fiona is one of the fun animals featured daily!

While the Cincinnati Zoo is closed and kids are home from school, let us help make your children's hiatus from school fun and educational.

Join us for a Home Safari Facebook Live each day at 3pm EDT where we will highlight one of our amazing animals and include an activity you can do from home.

To watch our live videos - (https://www.facebook.com/cincinnatizoo/live)

Don't have access to social media? No worries! All videos will be posted on our website and to our YouTube channel shortly after the Facebook Live ends.

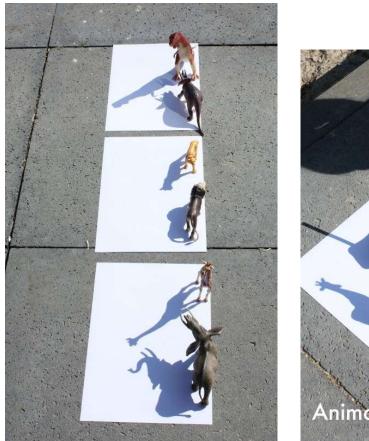
The at-home activities will all be posted to this webpage - http://cincinnatizoo.org/home-safari-resources/

Fine Motor Activity: Animal Shadow Drawing

This a great activity to do outside in the sun! Stand up your animal toys on blank paper as seen in the picture below. Use a coloring or writing tool of your choice and trace away.

To challenge yourself:

- Can you trace while laying on your belly to strengthen your core muscles?
- Can you use chalk to trace the animals onto your driveway?
- What else can you shadow draw?





Use this link for further information about Shadow Drawing

https://emmaowl.com/animal-shadow-drawing/

Fine Motor Activity- WOLF Addition PDF

How is your hand strength? Coloring is a great hand strengthening activity. Can you solve the math equations and color in the picture of the wolf? Remember with coloring, you do not want to leave any white spots!

Use the WOLF addition PDF to complete this activity

Gross Motor Activity #1

What's In A Name?			
A	5 Jumping Jacks	N	16 Mountain Climbers
B	5 Push-Ups	0	10 Secs. Push-Up Hold
C	5 Sit-Ups	P	10 Secs. Pike Stretch
D	5 Squats	Q	10 Side to Side Jumps
(10 Secs. Toe Touch Stretch	R	10 Secs. V-Sit Hold
5	10 Secs. High Knees	2	10 Secs. Squat Hold
G	10 Secs. Plank Hold	-	10 Shouder Touches
H	5 Crunches	U	10 Secs. Butterfly Stretch
2	6 Lunges	V	5 Burpees
J	10 Secs. Jog in Place	305	5 High Jumps
K	10 Secs. Straddle Stretch	0 0	5 V-Ups
2	5 Curl-Ups	Y	10 Deep Breaths
M	5 Squat Jumps	Shirt	10 Secs. Wall Sit
Name Challenges Level 1: Spell Your First Name Level 2: Spell Your First and Last Names Level 3: Spell Your First, Middle and Last Names			

Gross Motor Activity #2

KIDS 7 MINUTE HIIT WORK OUT FOR SELF-REGULATION

Set an interval timer and complete each animal movement for 45 seconds, with 15 seconds of rest in between. Do as many as you can!



FROG JUMPS

Hop, hop, back and forth like a frog



BEAR WALK

Hands & feet on the floor, hips high - walk left and right



GORILLA SHUFFLE

Sink into a low sumo squat, with hands on the floor, shuffle around the room.

STARFISH JUMPS Jumping jacks as fast as you can, with arms and legs spread wide.



CHEETAH RUN

Run in place, as FAST as you can! Just like the fastest animal in the Sahara.



CRAB CRAWL

Sit and place your palms flat on the floor behind you near your hips. Lift up off the ground and crawl.

ELEPHANT STOMPS

March in place lifting your knees as high as you can and stomping the ground as hard as you can!

RAISING AN EXTRAORDINARY PERSON HTTPS://HES-EXTRAORDINARY.COM

Handwriting – Use the attached PDF's to complete these handwriting activities

Handwriting #1- Write about an interesting animal that lives in the Zoo

Using the Zoo Handwriting PDF writing paper – Tell me by writing or typing, about an interesting animal from the zoo. Can you provide 4 interesting details about the animal? Remember that 4+ sentences make one paragraph. Send me your interesting zoo animal work!

Handwriting #2– Zoo – Guess the Name

Using the Zoo – Guess the name PDF, can you solve the word puzzles. All of the answers are names of animals that live in the zoo!

Visual Perception – Use the attached PDF's to complete these activities that target visual perceptual skills.

Visual Perception #1– Zoo What Comes Next Pattern

Cut and glue the animals in the correct pattern.

Visual Perception #2– Zoo Animal Word Search (Easy, Medium, Hard)

Can you find all of the zoo animals hidden within the word searches? There are 3 – easy, medium and hard. Can you complete all 3?